The Scoop

Volume 29, Issue 87 June 2016

President's Letter

I don't know about you, but I sure could use a breather! The JRDA has been non-stop with all the events we've done so far this year and its only June! The Winter Seminar and Clinic with Andy Marcoux, the Virginia Horse Festival, Maymont Carriage Floral Show, the James River Classic ADT and the Old Dominion ADT Challenge Finale and Clinic with Shelly Temple. But wait, there's more coming soon, a Fix-a-Test and Fun Day on June 11th at Wayne Humphreys place along with a clinic with Tracey Morgan. When will it ever stop?? Well truthfully, I hope it doesn't…

We are really reaching a lot of people with our events and encouraging driving all around the state of Virginia. I just received a call from a woman in Harrisonburg who wants to learn more about driving as she has just acquired a new pony that drives! It seems that folks everywhere are getting on the box!

We have been able to have these events thanks to the dedication of a handful of club members and a growing group of volunteers. May thanks to both Lynn and Jeff Legg, Amy Jacobson, Dot and Lou Ruqus, Paula Hennessey, Candy Thomas, Priscilla Lane, Tom Lasser and a host of others who have helped put all of these events together. Many thanks to those who participated, practiced for the events, read the rule book, cleaned and scrubbed harness, horse and cart to make a great show. But most of all thanks to our volunteers who give their time to make these events happen so others can be part of something good and fun! As always, keep the ideas flowing. If you have suggestions on new activities or places to drive let me know. Should the club decide to collaborate again on another Old Dominion ADT Challenge we may be looking for a new third venue as Belle Gray has declined, so, please keep an eye out for a potential venue. The only hitch – it has to be in the Old Dominion!

See you at the next club meeting at Wayne's Farm in Rapidan…

~Daphne

James River Driving Association Meeting 5/6/16
Meeting Minutes

The meeting was called to order at 6:15 by president Daphne Wood-Lasser. 15 members were present. Minutes from the last meeting were approved.

The Treasurer's report was presented by Treasurer Candy Thomas and showed a beginning balance of $6,433.74 with no income in the past month, expenditures for the VA Horse Festival and donation to the Ashland Rescue Squad for use of the building for meetings, to leave a remaining balance of $5,417.08. The report was approved. A more detailed account of the expenditures will be submitted for inclusion in the next newsletter.

OLD BUISNESS
Virginia Horse Festival: the JRDA received a bigger than expected response to our booth at the festival with a large number of people requesting more information. Cristi Anderson put together and sent out a nicely put together response letter to all those who requested information. It included information on our contact points (Facebook and website) as well as membership and meeting info.
Winter Seminar article-an article written by our president Daphne Wood-Lasser was published in the most recent copy of the ADS magazine The Whip. It focused on the Andy Marcoux lecture and clinic and was complete with photographs of the event.

Belle Grey ADT-7 JRDA members volunteered and worked the Belle Grey ADT to make it a great success!

Dates for educational meeting: Amy Jacobsen offered the ideas of a trip to the Morven Park Carriage Museum as our quarterly educational meeting. She is working on securing a date and locations for educational meetings. Other ideas included webinars by Andy Marcoux or harnessing demo videos. Amy also suggested making a DVD or You Tube video of a harnessing demo to use as a welcome/educational demo to point members in the right direction; not necessarily as an educational demo.

Maymont Floral Day-eight JRDA members took part in the Maymont Floral Day last month to celebrate the 90th anniversary of Maymont becoming a public park. Dot Ruqus, organizer, reported that the event was well attended, the weather was gorgeous, and the drivers had a good time Maymont provided a lot of flowers to decorate the carriages with and they were gorgeous. Photos were in the last JRDA newsletter.

NEW BUSINESS
Fun Day at Wayne Humphreys' farm on June 11 includes a clinic with World Champion driver Tracey Morgan. On Saturday there will be open driving on Wayne's property which includes trails and hazards. Tracey will do a free "fix-a-test" for anyone who is interested (please bring a hard copy of the test you are going to drive for Tracey to use). At noon Tracey will begin giving scheduled lessons for anyone who registered ahead of time. She charges $80 per lesson. Anyone wanting to take a lesson with Tracey should contact Wayne at wishpony@vabb.com to see what time slots remain available, then mail a check to Wayne made out to Tracey in the amount of $80. Tracey will also be available for lessons on Sunday. The engagement of Wayne to Mary Phelps was announced.

Marco Freund lessons-Lynn Legg announced that Marco Freund, current Junior World Pairs champion in Europe and son of multiple-times World Champion pairs driver and recent US Driving Team head coach

Michael Freund will be in residence at Belle Grey Farm in Upperville, VA this summer (beginning in June) for 10 weeks. If you are interested in taking lessons from Marco, contact Heather Briggs at heather@BelleGreyFarm.com for details.

Daphne announced that starting in June the monthly business meetings will be held at individual's houses or at restaurants.

COMMITTEE REPORTS

The ADT Committee reported that the entry is full (capped at 25) and has a waiting list and the Sunday clinic is also full with a waiting list. Sally has received the ADT ribbons and will get them to Cheryl who will bring them to the show. Candy will attempt to decorate the barrels used in the hazards. Glenn Martin of Meadow Event Park will be providing the barrels. Thanks to Dave Childress we have enough letters to mark the barrels using our cones letters. Priscilla Lane volunteered to be announcer in place of Susan Hairfield.

Treasurers Report as of 5/6/16

Checkbook balance	4/8/2016	6,433.74
Income:		-
Total Income		-
Expense:		
2016 ADT		(550.00)
Meetings		(25.00)
Club Store		(441.66)
Total Expense		**(1,016.66)**
Ending checkbook balance	5/6/2016	**5,417.08**
Note: Received a donation in kind for $15.35 from member Shannon Bennett.		
Submitted by Candy Thomas, Treasurer		

Glenn Martin will provide 8 tables for use during the event. Hospitality will need 4, secretary will need one, club store will need one, awards will need one and the stable manager will need one. Daphne and Lynn will bring smaller tables for the dressage judge and cones judge to use. Daphne will bring 4 folding chairs for the cones and dressage judges and scribes and a muck cart to be used to transport drinks and snacks to the volunteers. Lynn will bring a new muck bucket.

The order of go and other show documents have been sent to Mike Arnold for posting on drivingnews.us

Hospitality has put together a varied menu for the volunteers, judges and committee. Leftovers from Saturday's event will be used for lunch on Sunday.

Volunteers agreed to meet a 2 pm n Friday May 20th to set up. The entire course; dressage, barrels and cones will be set up and open for walking. Shelly will try to come directly to the grounds Friday for approval of the course. The barn will open at 3 pm (some drivers may be coming earlier; Amy will make sure someone is there to meet them), the secretary will be available to hand out packets at 3 pm. The schedule for Saturday was handed out.

Candy will have checks ready for Shelly and Glenn Martin on Sunday.

It was not decided who will be there to help clean up on Sunday, or how much equipment will be left out on Saturday for use in Sunday's clinic.

The next meeting will be held in conjunction with the fun day at Wayne Humphrey's house on Saturday, June 11.

A Special Thank You to our ADT Sponsors!

Percheron Level $100

Robert & Melissa Ruth, Springwater Farm, Staunton, VA
Ann Sutherland, Toad Hollow Farm, Charlottesville, VA
Anna Koopman, Middleburg, VA
New Heritage Farm Carriages, Newt Brosius, Avondale, PA
Limerick, Whitestone VA Angelene Pell, Rockville, VA
Kim Cameron, Aryshire Farm, Upperville, VA
Karin Sclater, Carriage Imports, Palmyra, VA
Three Oakes Equine Veterinary Services, PLLC, Manakin-Sabot, VA

Morgan Level $50
Jeff & Kim Stover, Smyrna, DE
Wayne Humphreys, Rapidan, VA
An anonymous donor

Shetland Level $25
Linda Willis, Glen Oley Farm, Windsor, SC
In honor of Mary Radintz and Guinevere
Lisa Singer, Chadds Ford, PA
Mary Radintz, Maribella Farm, Inc. Fredericksburg, VA

Mini Level < $25
Steve & Sandra Church, Midlothian, VA

Welcome Back JRDA Members!

Jebb & Chris Cuthbert

Lisa Marie Beckwith

Check Us Out on Facebook!

https://www.facebook.com/James-River-Driving-Association-134334716616291/?fref=ts

Pictures from the James River Classic ADT

JRDA Classic Awards and Ribbons

Wayne Humphreys and his crew of Volunteers

Thank you

Volunteers!

Fun Day and Clinic at Riverbend Farm!
June 11th-12th

Come enjoy a day of driving at Wayne Humphreys Riverbend Farm
Beginning June 11th at 10 AM

10551 Willis Ford Rd
Rapidan, VA 22733

Miles of gravel roads for driving, practice cones course, one haz i driving derby), fix a dressage test with Tracy Morgan from 10-n lunch at noon; please bring a covered dish to share!

Contact Wayne at 540-672-0120 or wishpony@vabb.com for more information. RSVP by June 8th!

Wayne's farm is "under contract" so this will be the last drive hosted before moving!

Annual JRDA Auction, Club Meeting & Potluck
July 9th

Spring Hill House
Ashland, VA
For more information contact Daphne Wood-Lasser at
spring_hill_house@yahoo.com

Bring a dish to share for the potluck and please bring your horse related or non horse related items for donation to the club auction!

The club meeting and potluck begins at noon.
The auction will begin once the club meeting adjourns.

Electrolytes and Performance Horses: Is a Salt Block Enough?

By: The Kentucky Equine Research Staff | May 25, 2016

The professionals at Kentucky Equine Research (KER) answer questions frequently about how to best nourish equine athletes, from low level performance horses to Olympic hopefuls. The importance of daily electrolyte daily electrolyte supplementation for high-performance horses is well known, as regular sweating leads to electrolyte loss, and without appropriate replacement, performance suffers. But what about other performance horses, those engaged in light or moderate exercise?

Would free-choice access to a white or mineralized salt block negate the need for a daily electrolyte supplementation? Maybe, maybe not. “Without question, horses that sweat daily can benefit from a well-formulated electrolyte, one that is comprised primarily of minerals and very little sugar, such as Restore SR or Restore Paste,” said Kathleen Crandell, Ph.D., an equine nutritionist with KER. “Electrolyte supplementation would be appropriate across seasons for these horses, not just in the summer, so long as they’re sweating routinely.” On the other end of the spectrum, for horses that are ridden infrequently and rarely sweat, daily electrolyte supplementation is probably not necessary, provided salt is available. “The combination of forage and salt provides idle horses with all of the electrolytes required for normal body functions. Forages are typically high in potassium, and a salt block will provide the necessary sodium and chloride. Those three minerals—sodium, chloride, and potassium—are considered the most essential electrolytes,” said Crandell.

Idle horses that are exposed to extreme heat and humidity will sometimes sweat excessively, especially when pastured horses are not afforded shade. For these horses, electrolyte supplementation would be appropriate on days when they sweat heavily.

For some owners, recommendations become muddied as exercise schedules include days of little to no sweating intermixed with days of heavy sweating. “A daily electrolyte is probably the best solution for these horses, because all day-to-day worries about appropriate supplementation are relieved. Well-formulated electrolyte supplements are, of course, meant to be used daily, so there’s absolutely no harm in this,” explained Crandell. “For those riders that want to save a little money, it is also acceptable to offer electrolytes on days when sweating is more pronounced, but this daily decision-making is more labor-intensive, especially in boarding situations.”

All horses should have access to salt, regardless of age or workload. To best nourish performance horses, especially those that sweat often, a scientifically formulated electrolyte ought to be fed daily.

Classifieds

FOR SALE: Bird in Hand Flyer. It is birds eye maple with two sets of shafts and a pole. Used for a 14.1 hand pony and a 12'3 hand pony pair. Carriage is in excellent condition and always stored inside. Extra seats and accessories- must sell before I move; pictures available. Asking $3200 Please contact Wayne Humphries at wishpony@vabb.com or call 540-672-0120

FOR SALE: Marathon harness fits cob-horse; leather with stainless steel fittings. Like new $750. Contact Cheryl Childress at 804-784-0001 or cpc1996@gmail.com Ad exp: 9/1

FOR SALE: Sailor wagon (large pony/small horse) Cream Ridge, NJ. Lovely and comfortable reproduction pleasure Carriage made by mill run no accidents; lightly used; kept Indoors; good condition; dark green with orange pin striping and burgundy bedford cord. Driver wedge seat, Patent Leather dash (some damage). Cut under with reach. Drum Brakes, Brass fittings and large "trunk".
Measurements:
~ Track width of 125 cm
~ Front wheel height: 35.5 inches
~ Rear wheel height: 43.5 inches
~ Ground to seat: 51 inches
Removable shafts: length, ~74 inch (tip to singletree); narrowest width ~21 inch; widest width ~33 Inch (new shafts 2008) $ 3800. Please contact Ruth and Robert Mulvey at Rmulvey1@verizon.net or call 609-273-6708
Ad exp: 8/1

FOR SALE: 2-wheeled wooded cart. Used with a 14.1h Haflinger, it would make a nice project for someone willing to put the time into refurbishing it. I started to refurbish, but have not completed it. I've only removed the shafts and hardware/leather from the shafts, the rest of the cart is still in one piece. Nice sturdy cart, finish it your way. Asking $275; Please contact Cristi at 804-386-9328 or email mini.reef@hotmail.com Ad exp: 9/1

FOR SALE: Black malleable iron whip holder, brand new. $8 contact Cristi at 804-386-9328 or email mini.reef@hotmail.com can ship for an additional fee. Ad exp: 9/1

FOR SALE: Totem is a 6 year old Dartmoor gelding, standing about 12.1hh. He is registered With the Dartmoor association as well as a Virginia bred pony. He is started under saddle on the flat and over fences, and also drives. He has perfect manners and stands quietly. He is great for all the basics: bathing, clipping, farrier, and vet. He is a fantastic all around pony that could go any direction! This is a pony with a solid foundation that you will not have to send to a trainer upon purchase. Contact me at lind@vt.edu for more information and price! Ad exp: 9/1

TRAINING: Carriage training for the horse and driver. Mary Clark Lind starts horses to harness and offers lessons to beginners & novice drivers. She focuses on a strong foundation through groundwork and good manners, emphasizing safety. She also provides tune ups & conditioning for horses that already drive. Mary Clark has been competing in combined driving for ten years and has experience training singles, pairs, four-in-hands, six-up, and tandems. Contact 804.305.2911or lind@vt.edu Ad exp: 9/1

Costume Class at the Southeast District Region 1 4-H Horse Show

The Secret Life of Samuel and his Jr driver Kate Hudson at the Southeast District Region 1 4-H horse show in Wakefield Virginia. Showing in Miniature Costume with their easy entry cart dressed as PacMan and the Blue Ghost. Kate and Samuel Won this class and have qualified for the state finals, costume class is held during the State Fair of Virginia

Event Calendar

4-5 June	Elk Creek CDE – For more information go to www.americandrivingsociety.org	
11-12 June	Fun Day and Clinic with Tracy Morgan at Wayne Humphreys. Please bring a dish to share. RSVP with Wayne if you are going to attend – 540-672-0120	JRDA Sponsored
20-26 June	Roanoke Valley Horse Show at the Virginia Horse Center, Lexington, VA. Offering Pleasure Driving Turnout, Working Pleasure Driving, Reinmanship Pleasure Driving. More information to come! Contact Anna Hudson for more information at anna.hudson.13@cnu.edu or go to http://www.roanokevalleyhorseshow.com/prize-list-event-schedule.php	
24-25 June	Annual Lancaster County Carriage and Antique Auction. For more information, call 717-945-4945 or go to www.birdinhandauction.com	
1-3 July	6th Annual Carriage Festival. Kentucky Horse Park, Lexington, KY. More information please go to: www.carriagefestival.com	
1-4 July	Pleasant Grove Benefit Trail Ride: 271 Pleasant Grove Drive, Palmyra, VA 22963. For more information, go to: www.facebook.com/event/1707990199438115	
9 July	Annual JRDA Auction, club meeting and picnic, bring a dish to share for the potluck. Bring saleable items to donate to the auction. We look forward to seeing you there! For more information, contact Daphne Wood-Lasser at spring_hill_house@yahoo.com	JRDA Sponsored
2-4 Sept	Fair hill CDE sponsored by Glen Willow. For more details, go to www.americandrivingsociety.org or contact Anne Pringle at 910-691-7735 or email annpringles54@gmail.com	
3 Oct	JRDA Fun Day at Carriage Grove Farm	JRDA Sponsored
27-30 Oct	MARD – Mid Atlantic Recreational Drive	
Nov	Sabine Hall Drive	JRDA Sponsored
Dec	Church Hill Drive	JRDA Sponsored
17 Dec	JRDA Christmas Party and Meeting at Cheryl Childress' Home	JRDA Sponsored

Classifieds & Business Cards

Information should be sent to:

Cristi Anderson
22 Will Davis Rd, Hanover, VA 23069
804-386-9328
jrdanewsletter@hotmail.com
Or
newslettereditor@jamesriverdrivingassociation.com

Information must be submitted by the 25th of each month. Please include a photo of the item you are selling if available. For business cards, please submit a high quality image through email.

Classifieds are free to members and $10 for non members. Classifieds will run for 3 months. Business Cards are free for members and $15 for non members Business cards will expire after 6 months. The expiration date is shown at the end of each ad and will be removed when termed. Please re-submit your information if you would like to continue to run your ad

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