



# The Scoop

Nov 2017

Volume 30 | Issue 104

## President's Letter

Apologies for the late newsletter - I was busy preparing for 2 out of town trips - first to Charleston SC to visit family - while there, we met Jake a 16 yr. old Percheron carriage horse getting hosed down after his final shift for the day, and 2nd trip to Aiken to volunteer for Katydid. The goal with Katydid was to shadow their organizer Peggy Dils and to see how things were done at 'big time' events. It certainly was fun seeing the work behind the scenes and I saw firsthand 'the jog' where the advanced and FEI level horses were examined by the judges and vet for soundness. A pretty formal process I had not observed before.



It was great to see the competitors and their lovely fit horses and ponies. Spent some time with Wayne Humphreys and Mary Phelps and the Gangster ponies on Friday and snagged Shirley who was grooming for Mary to go out for a dinner in Williston. We left early - anticipating our drive at Sabine Hall. I am disappointed it was cancelled and in a quandary as to how to attract participants to the pleasure drives. I'd like to hear your thoughts and comments on what can be done to improve attendance.

This will be another busy week preparing for the annual election meeting on Friday and our hazard construction workday on Saturday. Please let me know if you are planning on attending the workday so we will know how much pizza to order. Please plan on bringing gloves and protective goggles if you have them.

Should you be unable to attend the Friday meeting and wish to cast your vote for officers for next year, Tom - as your nomination committee chair will take votes via email if submitted by end of day on Thursday the 9th. Send your votes to [spring\\_hill\\_house@yahoo.com](mailto:spring_hill_house@yahoo.com)

Don't forget to bring a potluck dish and your photos for the 2018 JRDA calendar photo contest. 12 photos will be voted on by the members present to determine which will be our 'Pin Ups' for next year!

Take care - stay warm and see you Friday!  
Daphne

### **Please Plan to Attend the JRDA Hazard Building Workshop**

Saturday Nov 11th at 1 PM

At the home of Daphne and Tom Lasser

We will be building a few wooden portable hazards  
for use at our ADTs and other events.

Pizza provided! Please RSVP with Lynn Legg if you  
plan to attend!

804-229-9708

## Officer Nominations & Duties

It's that time of year again! Officer elections are going to take place at the November meeting. We have had the same officers for a few years in a row, it would be nice to get some new ideas and enthusiasm in the group. Tom Lasser is heading up the nominating committee. Here is a list of the available openings and a brief description. As well as a current list of the nominees for each position.



**President:** Determine meeting dates and act as chair during the meetings. Act as chair or co-chair of all committees.

**Current Nominees are:** Lou Ruqus and Daphne Wood-Lasser

**Vice-President:** Perform the duties of the president in their absence.

**Current Nominee:** Lynn Legg

**Secretary:** Handle correspondence of the club and provide meeting minutes for the newsletter.

**Current Nominee:** Shirley Cauley

**Treasurer:** Keep financial records, pay club bills, maintain checking account.

**Current Nominee:** Candy Thomas

If a you cannot attend the Nov 10<sup>th</sup> meeting to vote, you may send your vote via email to Tom Lasser at [spring\\_hill\\_house@yahoo.com](mailto:spring_hill_house@yahoo.com) prior to the Nov 10<sup>th</sup> meeting. ***Remember, you must renew your JRDA membership in order to vote for nominees at our November meeting!*** See the enclosed membership application.



NOV  
26

### Carriage Driving DERBY

Public - Hosted by High Meadow Herefords, Horses & Heritage

To benefit The Neiswanger Foundation, a 501 C3 - donations are tax deductible. Suggested \$45 donation per entry.

🕒 Sunday, November 26 at 9:00 AM - 5:00 PM EST

📍 High Meadow Herefords, Horses & Heritage  
High Meadow Farm, Flint Hill, Virginia 22627

CARRIAGE DRIVING DERBY Flint Hill, VA Sunday November 26th 2017. Save the date! Training, Preliminary, Intermediate levels - singles and multiples. VSE, Pony, Horse. Rain or Shine - located inside spacious indoor arena. All obstacles conform in size and type to ADS rules. More details to follow but mark your calendar! Any questions contact [kim@neiswanger.net](mailto:kim@neiswanger.net)

# THE JAMES RIVER DRIVING ASSOCIATION

## 2018 MEMBERSHIP APPLICATION

(Membership runs from November to November)



Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: Home: \_\_\_\_\_ Cell ( ) \_\_\_\_\_ Work: ( ) \_\_\_\_\_

Email address: \_\_\_\_\_

Membership: New \_\_\_\_ Renewal \_\_\_\_ Check the appropriate box below

☐ \$15.00 per family/household when receiving the monthly newsletter via internet/email

☐ \$25.00 per family/household; I do not have email, please send newsletter via US Postal Mail

Are you currently driving a horse/pony or do you have one in training? Yes \_\_\_\_ No \_\_\_\_

Would you like to be included on a list offering your assistance as: groom, navigator, etc.? Yes \_\_\_\_ No \_\_\_\_

Please list below the following information about the horse(s) / pony (ies) you are driving or riding at club functions. (This information helps in identifying pictures)

Name	Sex	Age	Breed	Color

List below the vehicle(s) which you own, indicate modern, restored, new or original condition:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are you currently a member of the American Driving Society? Yes \_\_\_\_ No \_\_\_\_

Are you currently a member of the Carriage Association of America? Yes \_\_\_\_ No \_\_\_\_

May we list your address on our membership list? Yes \_\_\_\_ No \_\_\_\_

**Make checks payable to: James River Driving Association (JRDA).**

**Mail to: PLEASE BRING THIS COMPLETED FORM AND YOUR DUES TO THE NOVEMBER MEETING!**

## JRDA Best Turnout Photo Contest!

Sarah Vogeley will once again be coordinating the calendar production for the JRDA this year. The winning photos will be included in the 2018 JRDA Club Calendar.

Your photos should be:

- Original High Resolution .jpg images
  - Minimum 1600x1200 pixels (2MP)
- Include your name and horses name

Bring copies of your photos to be posted and selected during the meeting in November or send your photos to Sarah Vogeley prior to our Nov meeting to:

[newforestfarm@icloud.com](mailto:newforestfarm@icloud.com)

Make sure to put this meeting on your calendar, we will also be voting on new officers!





## Does the Season Affect Your Feeding Management?

Written by: Dr. Kris Hiney, published by Omega Fields.  
[www.omegafields.com](http://www.omegafields.com)

Does the season affect your feeding management? Winter is the season of short days, long cold nights and reduced riding time for us and our horses. Often what we feed our horses in the winter shifts as their energy requirements change, as well as the feedstuffs we might be using. That shift in seasons may mean we need to look at our feed sources and our supplement regimen more closely.

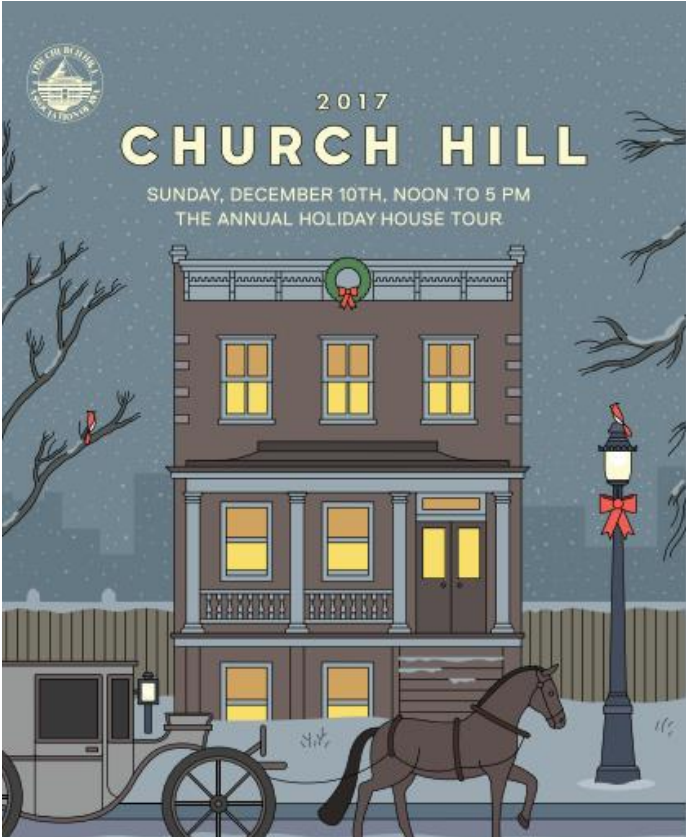
To begin our discussion, remember that a horse's energy requirements do change with the seasons. Cold weather creates additional caloric demands on the horse's body in order to regulate its body temperature. When temperatures drop below a certain point, referred to as an animal's lower critical temperature, it must expend more energy in order to maintain its own body temperature. For horses which are acclimated to cold temperatures (meaning we have allowed them to grow a hair coat and they have been housed outdoors), this lower critical temperature is usually around 5° Fahrenheit. When temperatures drop below this point, we really should be feeding our horses more. In general, for every two degrees drop in temperature, the horse needs 2.5% more calories to maintain its' body temperature. Therefore, if it gets down to about 10 below, your horse will need 20-25% more feed! These numbers do not consider wind chill factors, which can drive up heat loss substantially. Bottom line, in light of this year's extreme cold, if your horse is living outside this winter, you may find yourself going through your hay supply much faster than you had anticipated.


How you choose to supply that energy to your horse may be important as well. There are several strategies which may be employed to augment your horse's calorie deficiency. One easy way to meet energy requirements, along with adding to the heat produced by the process of fermentation in the hindgut, is to simply feed more hay. Consumption of hay has a higher heat increment (or heat associated with digestion) than other feeds, therefore it helps to keep your horse warm at the same time. In addition, more calories can be provided by choosing a higher energy concentrate, such as one with higher concentrations of fat. There are many commercial feeds available with added fat, or choosing rice bran or a flax source may be an option. If choosing a fat-added feed, it will provide more calories to the horse without having to increase as greatly the volume of feed that you are using. Many horse owners' also like to add warm mashes to their horse's diet in the winter. This provides more energy to the horse as bran or pellet mashes are higher in caloric density than forage. The additional benefit is that you can increase your horse's water consumption, which may have decreased in the winter if they do not have access to heated water. Finally, it just may make you feel good to feed your horse a nice warm mash on those cold days and nights.

Obviously the manner in which we feed our horses also changes with the season. Ideally, horses are allowed opportunities to graze pasture grass in the temperate part of the year. However, with the fall and winter, horses in northern climates much be switched to an all harvested forage diet. While many of the nutrient components in harvested forage may be completely adequate for your horse, realize that the composition of plants does change with advancing maturity. In order to be tall enough to produce hay, grasses and legumes must reach a more mature state than a horse would typically select left to its own devices. In addition, some nutrients, such as vitamin A, do diminish over time. In particular, omega three fatty acids are found in smaller quantities in hay than in fresh growing grass. As we have changed how we manage all of our production animals and switched to more grain based diets, they now consume much more n-6 fatty acids versus n-3 fatty acids than when they were more pastorally raised. In fact, knowledge of the higher content of n-3 fatty acids in grass is in part what has led to the rising consumer popularity of grass fed beef. Grazed cattle consume much more n-3 fatty acids compared to traditionally raised feed lot cattle which have diets much higher in n-6 fatty acids. The diet the animal is on directly influences the n-6 to n-3 fatty acid ratio in their body tissues. Diets higher in n-3 fatty acids have been shown to be anti-carcinogenic, anti-inflammatory and cardio protective. While we may not think about horses in quite the same way, or feed them a



concentrate based diet like feed lot cattle, the same process of incorporation of more n-3 fatty acids into their tissues occurs when horses graze or are supplemented with n-3 fatty acids. Ideally, our horses also should be consuming more grass and n-3 fatty acids, and less n-6 fatty acids which are found so abundantly in concentrates. However, even switching to a harvested forage based diet can alter the n-6 to n-3 ratio compared to a fresh grazing. Hay making can result in a loss of fatty acids of more than 50%, especially of linolenic acid, with a comparative increase in n-6 fatty acids. In a study using ewes, grass fed ewes had more milk and tissue n-3 fatty acids than ewes fed a hay diet. But obviously we cannot always feed grass to our horses. Therefore, in order to mimic the natural diet of the horse, and provide them the positive benefits of n-3 fatty acids, we can supplement them in other ways. Flax is a rich source of linolenic acid which horses readily consume. Therefore, in the winter, why not try a flax supplement and at least return your horse's diet to summer, even if the wind is still howling!



  
**2017**  
**CHURCH HILL**  
 SUNDAY, DECEMBER 10TH, NOON TO 5 PM  
 THE ANNUAL HOLIDAY HOUSE TOUR

WWW.CHURCHHILL.ORG


## Annual JRDA Church Hill Drive Sunday, Dec 10th


**Chimborazo Park, 3215 E. Broad St. Richmond,  
 VA 23223. Meet at the park to be ready to  
 drive at 1 PM. Don't forget to decorate your  
 carriage!**

**Contact Dot Ruqus if you plan to attend:  
 804.556.4486  
 DotRuq@outlook.com**

**Other attractions to the House Tour include:**

- Enclosed, heated Trolley services at St. John's Church and stopping at each home.
- The Church Hill Ad Hoc Carolers,
- Horse drawn carriages (The James River Driving Club)
- Antique car show (Old Dominion Model A Ford Club).





## Calendar of Events

Date	Event	Location
10 Nov	<b>JRDA Club Meeting and Officer Elections</b> – 6 PM at the Ashland Volunteer Rescue Squad. Bring a dish to share for the potluck! Voting on new club officers and calendar photos.	JRDA Sponsored
11 Nov	<b>ADT and Hazard Building Workshop:</b> 1 PM at the home of Daphne and Tom Lasser. Club will provide pizza. RSVP with Lynn Legg at <a href="mailto:lmlegg@vcu.edu">lmlegg@vcu.edu</a>	JRDA Sponsored
26 Nov	<b>High Meadow Farm Driving Derby:</b> Flint Hill, VA. VSE, Pony, Horse. Single, Multiple, Training, Prelim and Inter. \$45 donation suggested per entry to benefit The Neiswanger Foundation. For more info email <a href="mailto:kim@neiswanger.net">kim@neiswanger.net</a> prior to Nov 17 <sup>th</sup> to reserve a spot.	Local & Regional
10 Dec	<b>Church Hill Drive</b> - Chimborazo Park, 3215 E. Broad St. Richmond, VA 23223. Meet at the park to be ready to drive at 1 PM. Don't forget to decorate your carriage! Please RSVP to Dot Ruqus 804-556-4486 or <a href="mailto:DotRug@outlook.com">DotRug@outlook.com</a>	JRDA Sponsored
16 Dec	<b>JRDA Annual Christmas Party and Meeting:</b> At the home of Cheryl Childress. Festivities include our annual vote and prizes for the best entrée and best dessert and our Chinese Gift exchange (gift value not to exceed \$15) does not have to be horse related.	JRDA Sponsored
<b>2018</b>		
2 Feb	<b>JRDA Meeting</b> - 6 PM at the Ashland Volunteer Rescue Squad. Bring a dish to share for the potluck!	JRDA Sponsored
28 Apr	<b>Toad Hollow ADT</b> – Toad Hollow Farm, Charlottesville, VA. Judge Lisa Singer. Secretary Ann Sutherland <a href="mailto:bvrck4@aol.com">bvrck4@aol.com</a> .	JRDA Sponsored
19 May	<b>James River Classic ADT</b> – Meadow Event Park in Doswell, VA. Judge Dana Bright. Opens 4/10/2018. Secretary – Cristi Anderson <a href="mailto:mini.reef@hotmail.com">mini.reef@hotmail.com</a> . See the	JRDA Sponsored
16 Jun	<b>Morven Park Pleasure Show, Combined Test &amp; Pleasure Drive:</b> Morven Park International Equestrian Center, VA	Local & Regional
11-23 Sept	<b>FEI World Equestrian Games.</b> Tyron International Equestrian Center in North Carolina. <a href="http://tyron.coth.com">http://tyron.coth.com</a> or <a href="https://inside.fei.org">https://inside.fei.org</a>	National/Int'l
28 Sept	<b>Timberland CT and HDT</b> – Carolina Horse Park, NC	Local & Regional

**\*\* Other national, regional and local club events are listed on our website calendar, go to [www.jamesriverdrivingassociation.org](http://www.jamesriverdrivingassociation.org) for more information!**



## Classifieds

**FOR SALE:** have a very nice, 6-year-old Dartmoor mare for sale. She stands 120 cm (11.3hh), so she is eligible for the small pony division. Excellent manners, she stands quietly to put to and unhook and is easy for anyone to handle. Registered and current on vaccines, coggins, and float. She is forward and would excel at combined driving or pleasure shows. She is not spooky and is quiet off the farm. She would be suitable for a beginner/novice driver. Currently priced at \$3000; will increase with training. Located in Manakin-Sabot, VA. Contact me at [lind@vt.edu](mailto:lind@vt.edu) for more information and video! *Ad Exp 2/1*



**TRAINING:** Carriage training for the horse and driver. Mary Clark Lind starts horses to harness and offers lessons to beginners and novice drivers. She focuses on a strong foundation through groundwork and good manners, emphasizing safety. She also provides tune ups & conditioning for horses that already drive. Mary Clark has been competing in combined driving for ten years and has experience training singles, pairs, four-in-hand, six-up and tandem. Contact 804-305-2911 or [lind@vt.edu](mailto:lind@vt.edu) for more information. *Ad Exp 2/1*

**DRIVING LESSONS:** Lessons are available for beginner through intermediate for combined driving, recreational, and pleasure driving. Learn on my experienced driving horse or mini, or your own horse. Come to my farm or yours, cost is \$35 per lesson (additional cost for travel time to your farm). We are located in Charles City, VA (20 min SE of Richmond Airport). Contact Lynn Legg at [804-229-9708](tel:804-229-9708) or email [lmlegg@vcu.edu](mailto:lmlegg@vcu.edu) *Ad Exp 2/1*

**FOR SALE OR LEASE:** I am thinning out my herd and will sell or lease 2 of the following horses. Indy – Bay Appaloosa/Arabian mare, 16 yrs old, 14.1 ½ hh. She drives single and pair, loves to do cones and has high scores in dressage. Also trail rides. Jenny – purebred Arabian mare, 8 yrs old, 14.1 hh. She rides and drives single and also in a pair. Kenny – Quarter Horse, 20 months old, should mature about 15+ hh. Contact [Dotrug@outlook.com](mailto:Dotrug@outlook.com) or call 804-556-4486. *Ad Exp 12/1*

**FOR SALE:** Restored 1865 Ladies Phaeton. Contact Daphne Wood-Lasser at [spring\\_hill\\_house@yahoo.com](mailto:spring_hill_house@yahoo.com) or call 804-212-6489 *Ad Exp. 1/1*

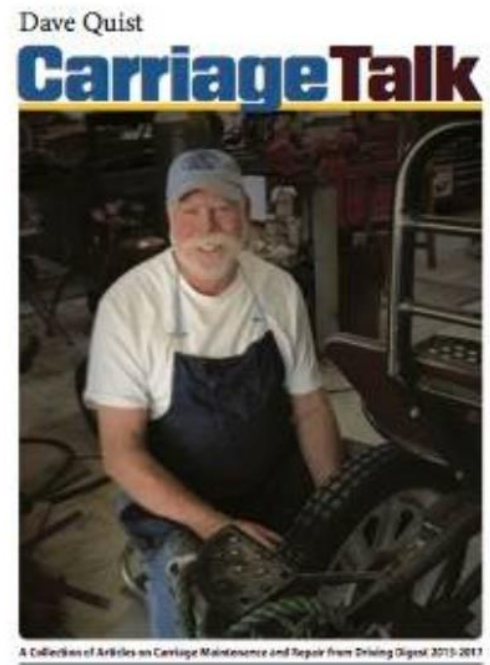
**FOR SALE:** Pair of vintage horse veils – black leather in relatively good condition. These are full body veils that cover the harness and keep flies off your horse. Contact Daphne Wood-Lasser at [spring\\_hill\\_house@yahoo.com](mailto:spring_hill_house@yahoo.com) or call 804-212-6489 if interested. *Ad Exp. 1/1*

**WANTED:** I am looking for a good quality mini harness – complete set, preferably leather in black or brown. Something that will fit a 34" miniature. Must be in driving condition. If you have anything you are willing to part with, please send information and pictures to [mini.reef@hotmail.com](mailto:mini.reef@hotmail.com) *Ad Exp. 1/1*

**WANTED:** Lightweight EZ Entry Pony cart in useable condition – suitable for a 12.2 hand pony. Not particular on wheels but needs to be sturdy and have a seat that will fit 2 adults. Contact Daphne at 804-212-6489 or email picture to [Spring\\_Hill\\_House@yahoo.com](mailto:Spring_Hill_House@yahoo.com) *Ad Exp. 1/1*



**NOW AVAILABLE:** Carriage Talk – the book is now available for sale. It is a collection of articles on carriage maintenance and repair published in Driving Digest between 2013 and 2017 by Dave Quist. This has been one of the more popular columns in Driving Digest and now you can have all the articles in one volume. The book will officially debut at the National Drive. It can also be purchased for \$19.95 plus shipping and handling at [www.drivingdigest.com](http://www.drivingdigest.com) under the Issues tab.



**\*\*Please Note:** The club did not have an Oct meeting, there are no meeting minutes for this edition.

## **James River Driving Association**

14008 Blunts Bridge Rd  
Ashland, VA 23005-7221

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[CarriagelImportsMarketing@gmail.com](mailto:CarriagelImportsMarketing@gmail.com)

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Website: <http://www.jamesriverdrivingassociation.org/>

Facebook: <https://www.facebook.com/James-River-Driving-Association-134334716616291/>

## **CLASSIFIEDS & BUSINESS CARDS**

Information should be sent to:

Cristi Anderson  
706 Mill Rd.  
King William, VA 23086  
804-386-9328  
Or email to:  
[jrdanewsletter@hotmail.com](mailto:jrdanewsletter@hotmail.com)

Information must be submitted by the 25<sup>th</sup> of each month. Please include a photo of the item you are selling if available. For business cards, please submit a high quality image through email.

Classifieds are free to members and \$10 for nonmembers. Classifieds will run for 3 months. Business cards are free for members and \$15 for nonmembers. Business cards will expire after 6 months. The expiration date will show at the end of each ad and will be removed when termed. Please resubmit your information if you would like to continue to run your ad or business card.

Thank you!

**James River Driving Association**  
14008 Blunts Bridge Rd  
Ashland, VA 23005-7221

